

Healthy Teams Healthy Staff Healthy Business



What is it?

This conference theme's main aim is to have your delegates alert, excited, engaged, and ready for business.

Adventure for Life will design team building, breakout activities, exercise sessions, and leisure programs that are consistent with your company's business objectives and employee welfare strategies.

Why choose it for your next conference?

Annual conferences and planning sessions play a crucial role in re-enforcing or establishing a company's workplace culture. What message do you send to your staff if your business meetings are uninspiring and unproductive. Are staff bored or nursing hangovers during business sessions and not engaging in crucial discussions? Are you doing the same things year in year out?

The value of any conference is determined by the outcomes of the event. Adventure for Life's "Healthy Teams, Healthy Staff, Healthy Business" theme is designed to have your delegates primed and ready for their all-important business sessions.

Where can you do it?

Adventure for Life has venue partners across Australia, but this conference theme is best delivered in regional areas or beachside resorts.

We are happy to recommend resorts and venues in the following destinations:

Victoria : Yarra Valley, Lorne, Torquay, Falls Creek, Barwon Heads, Queenscliff, Warrnambool, and the Macedon Ranges area.

NSW: Northern Beaches, Southern Highlands, Hunter Valley, Blue Mountains, and Thredbo.

Queensland: Sunshine Coast, Gold Coast, TNQ.

Tasmania: West Coast, Hobart, Launceston, Cradle Mountain.



Healthy Teams

Adventure for Life's corporate team building programs are 100 per cent customised to compliment your corporate objectives, employee welfare strategies, corporate social responsibility programs, and PR goals.

Sorry folks, we don't do Murder mystery nights, (un) Amazing Races, or "catch the blindfolded boss".

Our programs:

- Showcase a destination
- promote healthy lifestyles
- suit a wide range of demographics and fitness levels
- are safe and fun.
- can include serious business messages

They are designed to:

- make staff accountable for their actions
- examine issues regarding work place conflicts
- promote communication within and between departments
- encourage professional development
- examine competition and cooperation to achieve objectives
- encourage personal assessment
- examine the components of great teams
- examine leadership styles
- encourage creative problem solving
- get staff out of their comfort zone
- expose them to new experiences.

Programs include

- Rogaining (navigational challenge)
- Geo-Caching (navigational challenge)
- Wilderness first aid. (disaster response scenario)
- The world is not enough (military scenario)
- Search and rescue. (disaster response scenario)
- Food-caching (navigational/cooking challenge)
- The conflict block (outdoor challenges looking at workplace conflict)
- Room of Doom (team rescue scenario)



Healthy Staff

When employers invest in the health of their Human Capital everyone wins.

Healthy employees are more productive, less absent, and contribute positively to the workplace. Conversely poor employee health, and the associated high levels of absenteeism, has a huge impact on lost productivity. Encouraging your staff to improve their health is good for business.

Most companies now have an employee health program, but how many take their workplace health initiatives to their conferences? The reality is, many conferences are the exact opposite to what the company preaches, leaving delegates tired and uninspired.

Adventure for Life can offer the following programs at your conference.

- Group fitness sessions.
- Adventure activities such as surfing, sea kayaking, mountain biking and hiking.
- Exciting breakout activities that will have delegates ready for their next session.
- Tai chi, yoga, Pilates.
- Men's and women's health lectures.
- Adventure races.
- Post conference overnight adventures.
- Assistance with menus to ensure your delegate's are eating fresh local produce at your conference venue.
- Night programs that don't revolve around a bar.



Healthy Business

Businesses succeed, stagnate, or fail when staff are motivated, cruising, or disengaged, respectively. Adventure for Life staff are not business consultants. We leave the big decisions up to our clients.

Our goal is to motivate your staff, encourage them to look after their health, and help create an environment where excellence is encouraged, staff are accountable, and your workforce can thrive as a group, and as individuals.

One of the best opportunities to start this crucial journey is at your annual conference or planning sessions.



Why Choose Adventure for Life? It's all about S.O.U.L.

Safety.

Adventure for Life has uncompromising safety standards for our guiding staff. If your group is traveling beyond mobile coverage or more than an hour away from professional medical help, your guide will have wilderness first aid or paramedic training.

If your group is going in the water, your guide will have a bronze medallion surf lifesaving certificate as a minimum safety standard. We encourage you to compare our safety standards with others in the team building industry.

Outcomes:

Because all our programs are customised, we can ensure your team build delivers the right message to your staff.

Unique:

Adventure for Life doesn't do murder mystery nights, "catch the boss" or (un) Amazing Races. Our cutting edge and creative programs are designed to excite those who are "over" team building exercise.

Life Changing

Our programs proudly promote healthy lifestyles. Our more adventurous activities and incentive travel packages are designed to "wow" your staff, expose them to new experiences and possibilities, and leave a lasting impression.

www.adventureforlife.com.au

info@adventureforlife.com.au

(03) 52616427 or 0437745874

